



# HAWTHORN UNIVERSITY

A Leader in Online Holistic Nutrition Education

[www.hawthornuniversity.org](http://www.hawthornuniversity.org)

Greetings!

The field of Holistic Health & Nutrition is expanding. Is it right for you? Listen to Hawthorn alumni on: All About Alumni (AAA) online interviews about life and success after graduation.

## Spring 2019 Hawthorn University Newsletter

Hawthorn Alumni are awesome! Tune in the first Wednesday of the month at noon pacific for an AAA interview with a graduate who's making a difference. Hawthorn's HUB has up to date information on all University public presentations.

[the HUB - Hawthorn University's Blog](#)

**Paul Thiele graduated from the Nutrition Consultant program in December 2018. He says;**

"Hawthorn provides the structure and the guidance needed to reach all of your goals. The limiting factor is the student. If you are willing to put in the work, you can get a top-notch education at Hawthorn.

I am completely satisfied with my experience at Hawthorn and would recommend it to anyone."



In April, Sapha Arias shared what the world of Nutrition Consultation looks like for a healer who is swimming against the currents of diet culture. Sapha is an intuitive healer, entrepreneur, a health and wellness consultant, meditation instructor, writer, and yoga teacher. Her mission of helping women who are tired of dieting is to change their relationship with food and discover new ways to live healthfully and joyfully. She graduated Summa Cum Laude from the [Nutrition Consultant program](#). Her AAA presentation is entitled: The Nourished Healer – Creating a Business with Heart to Empower Women's Relationships with Food.



In March, Lori Fozo spoke about hitting the ground running post-graduation. Lori created a business, a website, customized services, and gained clients immediately. She shared how to build a holistic nutrition business around nourishing education & support. Lori was a public-school teacher for 20 years; she holds a master's degree in Education in addition to her [Nutrition Consultant Certificate](#) from Hawthorn. She's transitioning to her next career as a nutrition guide; educating, supporting and inspiring clients to successfully meet their wellness and healthy lifestyle goals. Her AAA presentation is entitled: Loving Others to Health! Building a Business around Nourishing Education & Support.

[Click to hear a 30 second video where Sapha speaks about her Hawthorn experience.](#)

[Click to hear a short video from Lori Fozo.](#)



In February, Jill Maronde shared her professional developments after graduating from Hawthorn's [Master of Science in Holistic Nutrition program](#). Jill is developing her practice by refining her business model, defining the unique services she offers, and cultivating strategic partnerships with local holistic healthcare providers. Jill's passion is helping others attain optimal health. Jill holds a B.A. degree in Psychology and specializes in working with children and adolescents suffering from anxiety. Jill's AAA presentation is entitled: My Journey Toward My Specialty: Nutritional Guidance for Youth with Anxiety, Mood & Behavioral Issues.

[Click to hear a 30 sec video from Jill Maronde.](#)



In January 2019, Laura Ehlers discussed what it takes to emerge as an influencer in the field of holistic nutrition. Laura has harnessed social media, developed programs and courses, and a YouTube channel. Laura holds a [Master of Science in Health & Nutrition Education](#) from Hawthorn. Her YouTube channel educates chemically conscious women about non-toxic products and holistic health. Laura Ehlers presentation is entitled: Being an Influencer – Courses, Consults and Coaching.

[Click to hear Laura Ehlers speak about her Hawthorn experience.](#)

[Click HERE to Visit the All About Alumni \(AAA\) Archives for the complete interviews and other Hawthorn webinars.](#)

Hawthorn University is accredited by the Distance Education Accrediting Commission. We are proud to have reached this important milestone. Accreditation is a reliable indicator of the value and quality of the education that Hawthorn offers.



Accreditation is instrumental in the continuing growth and success of the University and demonstrates commitment to educational standards and ethical business practices that assure quality, accountability, and improvement in higher education. As an accredited school we will be updating our URL to hawthorn.edu and stay tuned for the debut of Hawthorn's new website, coming summer 2019.

**For information on Hawthorn's programs, questions, or assistance contact**

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## Quick Links:

- [Masters Degrees in Nutrition at Hawthorn](#)
- [Admissions Overview](#)
- [Enrollment Options](#)
- [How to Apply](#)
- [Transferring Credits](#)
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