



Ready for a Health Makeover in Your Professional or Personal Life?

Listen to Hawthorn Alumni, entrepreneurs, and professionals talk about their work and lives on the webinar series "All About Alumni", the 1st Wednesday of the month, at noon pacific.

Visit our [All About Alumni webinar archives](#) for information on the most current presentation.

Here are some of the 2017 All About Alumni presentations you might have missed:

Topic	Alumni Presenter
Connecting the Dots Between Food, Big Flavor and Vibrant Health	Rebecca Katz
Creating Relationships as Key to a Successful Holistic Nutrition Practice	Michelle Dwyer
Mental Health and Nutrition Education	Vicki Steine
My Career in Holistic Nutrition: Planning for Success	Barbara Rodgers
Growing and Re-Growing My Holistic Nutrition Practice	Karen Roth
Nutrition Practice in Nigeria: The Successes and Challenges	Celia Penny Moses-Nagbiku
Evolving My Practice	Marjie Andrecjiw
Holistic Health Journey - From Family to Patients	Melissa Peters
Conscious, Playful Food: A Holistic Approach to Cooking Professionally	Kyra Bramble
SOARing Recovery: Driving Change in How We Heal in Allopathic Medicine	Carolyn Dolan
Finding My Way in the Functional Medicine	Kira Whitham

Community

Additionally, in 2017 Hawthorn presented 16 educational webinars to the public featuring leading thinkers in the field.

Visit our [webinar archives](#) to view these webinars:

Topic	Webinar Presenter
An Introduction to the Safe Use of Essential Oils	David Crow
Ten Most Important Essential Oils for a Home Pharmacy	David Crow
Nature: The Gene Whisperer	Bianca Garilli
Gut Infections - The Source of Gut, Brain, and Immune Issues	Glen Depke
Holistic Perspectives for Insulin Resistance	Rosalee de la Foret
How Nutrition Professionals Can Help Families End Overeating: The Habits Approach	Dina Rose
Diabetes, Obesity, Metabolic Syndrome and the Microbiome	Liz Lipski
Small Practice, Big Results: 5 Essential Shifts to Create a Great Full-Time Income in about 25 Hours Per Week	Karin Rozell
Grassroots Advocacy and Public Policy	Jonathan Posey
Tinnitus and Heavy Metals: Connecting the Dots	Sean LaFave
Mould and Health: The Holistic Professional's Role	Lucinda Curran
Toxins and Detoxification: Application of Nutrition	Deanna Minich
5 Key Legal Steps to Protect Your Holistic Business	Lisa Fraley
Combining Herbs and Essential Oils	David Crow
Simplify Your Marketing	Karin Rozell
Optimize Your Thyroid and Metabolism: A Functional Medicine Approach	Kristi Tompkins

Enroll in a single Hawthorn course to explore if a program works for you.

Hawthorn is pleased to welcome new faculty member Dr. Divya L. Selvakumar, Ph.D., R.D.



**Dr. Divya L. Selvakumar,
Ph.D., R.D.**

Dr. Divya L Selvakumar, Ph.D., R.D., holds a doctorate in Public Policy and Administration from Walden University, a Master's in Public Health from Tulane University, and a Post-Master's Certificate at the School of Allied Health Professions, Loma Linda University, Loma Linda, CA with a major in nutrition and dietetics. She is a nutrition specialist, professor, registered dietitian, and consultant with 16 years of experience in child nutrition, prenatal nutrition, general nutrition, and HIV/AIDS nutrition. She will be presenting at the APRIL 6 - 8, 2018 Conference on AYURVEDA & WOMEN'S HEALTH, in Bethlehem, PA. **Welcome Dr. Divya!**

Hawthorn Alumna a Noted ' Influencer!'

Congratulations to Hawthorn Graduate **Tonya Harris** who co-authored the book *Women Who Influence*. Tonya along with 29 other amazing women share their stories to inspire your soul's journey.



Tonya Harris

Celebrating Alumni Achievements!



Rajesh Kumari

Rajesh Kumari's doctoral dissertation on Multimodal Dietary Treatment in Tourette's Syndrome was presented at the **Academy of Nutrition and Dietetics Conference** in 2017. **Dr. Janet Ludwig** will be presenting that study at the NANP conference in April along with our faculty member, **Dr. Kirsten Laverdure's** studies.

Hawthorn Alumna **Georgette Schwartz, BCHN, MSHN, CGP, CMC** will discuss the benefits of Intermittent Fasting in her NANP presentation **Breakfast: Looks Like We Were Wrong! Why When You Eat is as Important as What You Eat.**



Georgette Schwartz

Recent Hawthorn Graduate Gail Kincaid says:

"Hawthorn has changed my life. My experience at Hawthorn not only provided me with the knowledge of the proper way to eat, however provided me with scientific information on how to obtain optimal health. Hawthorn also provided me with the information I needed to start and run my practice."

Visit the Following Hawthorn Graduate Websites

<http://www.drcarolyndolan.com> is graduate **Carolyn Dolan's (PT, MS, DPT, Cert MDT, MSHN, Healing Specialist, Physical Therapy Consultant)** website.



<http://www.wildflowerwellness.net> - **Bethany Swanquist, MS, BCHN, Clinical Nutritionist** is helping to fight and prevent cancer with Holistic Nutrition.



Melissa Starman has been passionate about creating health for herself since 2001. After overcoming her own health challenges with panic and anxiety attacks, she is determined to help others. Visit her at <http://www.1selfholistics.com>.



Hawthorn University's Mission Statement:

Hawthorn University is dedicated to providing supportive, comprehensive, and professional education in the fields of holistic health, nutrition, and the health sciences through the utilization of distance education methods. Hawthorn offers online certificates, graduate and postgraduate degrees, and continuing education programs to a diverse community of adult learners working to enhance health and wellness around the world.

Question: Are we living up to our mission statement?

Click [HERE](#) to complete a survey and help us achieve our mission!

Upcoming Professional Conferences and Announcements

- **NANP**
- **FASEB and Integrative Functional Medicine**
- **Weston A Price Wise Traditions**
- **BCNS**
- **Ayurveda and Women's Health**

Hawthorn University Administration wishes **Alex Jaksic** the best of luck in her new job. We will miss her online and in the office.

Join the current Hawthorn University webinar series on **Functional Lab Testing**. The series is available live and for 10 days after the presentation on the Hawthorn Website. For more information on the series [visit the HUB](#).

Regarding Accreditation

Hawthorn University submitted an application for accreditation to an accreditation agency in April 2017. The University's application was accepted and subsequently the Self-Evaluation Report (SER); a 2-year study of the University's philosophy, policies, and practices, was submitted for a Readiness Review in August 2017. The University is moving forward in the review process. This is within timeframes required by the California BPPE.

Graduates Speak About Hawthorn

Hawthorn gave me the opportunity to pursue an education that I was truly passionate about. Not a degree strictly for the letters next to my name or credentials. Every shred of knowledge I gained has helped me in shaping my professional career. -Alexander Prather

The education I received at Hawthorn University has helped me take my practice of dentistry to another level. I have been able to help my clients practice prevention, instead of needed to treat the diseases that have become more prevalent. -Jennifer Waters

Great school! The curriculum is fantastic and my mentor was instrumental in my certification. I highly recommend Hawthorn University. -Flavia Baptista

Hawthorn helped me gain the skill and expertise of Holistic Nutrition which helped me tremendously in my profession as a clinical dietitian. -Rajesh Kumari

Hawthorn has changed my life. My experience at Hawthorn not only provided me with the knowledge of the proper way to eat, however provided me with scientific information on how to obtain optimal health. Hawthorn also provided me with the information I needed to start and run my practice. -Gail Kincaid

My experience with Hawthorn University was very rewarding. I felt the curriculum was very in depth. Learning about the benefits of whole food nutrition and implementing the principles into my own life improved my health greatly, and provided me with the confidence it takes to make recommendations for others. -Melissa Starman

I was very pleased with my experience for the most part. In comparison with many others I have spoken with who have taken a traditional nutrition course of study, they are constantly calling me for advice and information. I feel that I did not simply learn things by wrote but by direct personal experience and experimentation and addition to the required reading and written assignments. I also feel that the contact with subjects that I had during my studies gave me a good deal of experience. -Libby Bar-Kochba

More Information:

Visit the following links for more information on Hawthorn's various programs.

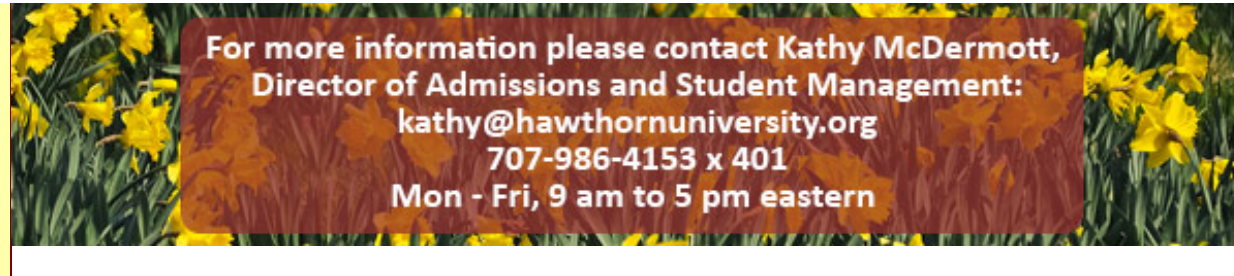
[Degree Programs](#)

[Certificate Programs](#)

[Holistic Nutrition Electives](#)

[Continuing Education](#)





Hawthorn University, PO Box 275, 475 Hungry Gulch Road,
Suite C, Whitethorn, CA 95589

[SafeUnsubscribe™ {recipient's email}](#).

[Forward this email](#) | [Update Profile](#) | [About our service provider](#)

Sent by jamesb@hawthornuniversity.org in collaboration with



Try it free today